



Providing Health & Wellbeing Solutions

Primary Mental Health Care Services in Residential Aged Care Facilities (RACFs)

As we age, we are often faced with challenges and changes that can have an impact on our mental health. Through a funded program called "Connections Count", Amity Health is now providing mental health services for those living with mild to moderate mental issues at various Residential Aged Care Facilities (RACF) throughout the Great Southern, Wheatbelt and Mid-West regions.

How can this program help?

- if you or a family member are a resident at a specified RACF and meet the eligibility criteria, we can provide mental health care services onsite
- these services will be provided by Amity Health mental health clinicians including psychologists, mental health social workers and mental health nurses
- appointments will be low intensity and the least intrusive, matching your or your family member's needs
- appointments may be one-on-one and support self-management, or group-based educational sessions

What is the eligibility criteria?

- firstly, it's a good idea to speak with your or your family member's GP and/or RACF staff member
- you or your family member must be a resident of an RACF in the Great Southern, Wheatbelt or Mid-West
- you or your family member must be at risk of mild to moderate mental illness
- a diagnosed mental illness, with mild to moderate symptoms of a common mental illness is required (**excluding:** dementia, delirium and severe, persistent and complex mental illness)

Which RACF sites is this program available?

Great Southern region	Wheatbelt region	Mid-West region
<p>Albany:</p> <ul style="list-style-type: none"> • Burswood Care Gwen Hardie Lodge • Burswood Care Annie Bryson McKeown Lodge • Clarence Estate Residential Health & Aged Care • Baptistcare Bethel • Craigcare • Juniper Korumup <p>Katanning:</p> <ul style="list-style-type: none"> • Juniper Bethshan <p>Kojonup:</p> <ul style="list-style-type: none"> • Springhaven Frail Aged Hostel 	<p>Brookton:</p> <ul style="list-style-type: none"> • Kalkarni Residency <p>Kellerberrin</p> <ul style="list-style-type: none"> • Dryandra Residential & Community Care Inc <p>Narrogin</p> <ul style="list-style-type: none"> • Karinya Residential Care • Residency by Dillons <p>Northam</p> <ul style="list-style-type: none"> • Juniper Bethavon • Juniper The Residency <p>Wagin</p> <ul style="list-style-type: none"> • Waratah Lodge <p>York</p> <ul style="list-style-type: none"> • Balladong Lodge 	<p>Geraldton:</p> <ul style="list-style-type: none"> • Nazareth House • Juniper Hillcrest • Opal Geraldton



What is the referral process?

- Referrals can only be accepted for the above mentioned RACF sites
- Referrals must be through GPs and/or RACF staff (access via Amity Health website)
- If you are a family member of a RACF resident not currently receiving mental health care services, please speak with the resident's GP or RACF staff to discuss options.

For further queries please phone our office on (08) 9842 2797 or visit our website at www.amityhealth.com.au.

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