

OCCUPATIONAL THERAPY SERVICES



GREAT SOUTHERN REGION

Occupational Therapy for
Children, Adolescents and Adults



What is an Occupational Therapist (OT)?

As humans, we spend each day 'doing things.'
This includes

- taking care of ourselves (brushing teeth, showering, sleeping, etc.)
- productivity (going to work, volunteering, school) and,
- leisure (reading, socialising, swimming)



Sometimes we are unable to do the things we need or want to do due to illness, disability, or other factors such as anxiety, as an example.

Occupational Therapists are qualified to help you to problem solve, work around challenges, support you in participating in activities, to enable you to live a meaningful life.

OT Services for Children & Teens

Our Occupational Therapist **Renaë** can assess and manage the needs of children and teens experiencing difficulties with:

- fine and gross motor coordination
- sensory processing
- emotional regulation
- attention and concentration
- feeding skills
- handwriting and pencil grip
- play and social skills
- school visits
- self-care skills such as dressing, meal times and brushing teeth





Providing Health & Wellbeing Solutions

Contact Us:

Our friendly team would be happy to assist with your enquiries.

We are open from Monday to Friday from 8.00 am to 5:00 pm and can be reached on:

t: (08) 9842 2797

e: query@amityhealth.com.au

Or you may like to visit our website at:
www.amityhealth.com.au

Amity Health is located at:
136 Lockyer Avenue
Albany, Western Australia 6330



Amity Health is a registered NDIS provider.

Referral Options

Our Occupational Therapy services accept the following referral options:

SELF REFERRALS

Contact our team directly. If applicable, private health insurance will cover your OT appointments depending on the level of your cover.

GP REFERRALS

You and/or your child may be eligible for a GP Management Plan or a Team Care Arrangement. See your GP to discuss your options and eligibility.

- You can access up to five visits and will be provided with partial Medicare rebates.

NDIS REFERRALS

Amity Health is an approved NDIS provider and our Occupational Therapy services can be accessed using this funding where appropriate.

HOME CARE PACKAGES (HCP) 65 years +

Speak to your HCP coordinator about an OT referral to review your needs related to:

- home equipment and minor modifications
- rehabilitation after illness/health episode

Appointment options for assessment and ongoing treatment:

- face-to-face appointments at Amity Health in Albany & Denmark
- home visits, school visits and telehealth

Occupational Therapy for Adults

Our Occupational Therapist **Jeanette**:

- provides a range of services in the home, community and in aged care facilities
- helps you regain or enhance your skills after events such as hip replacement, stroke, or injury
- assists you to access adaptive equipment such as shower aids and provide education around its use and how it can help you.

Jeanette can provide assessment and therapy to help with:

- simple home modification recommendations
- simple equipment recommendations
- advice on participating in daily living skills after events such as stroke, illness or injury
- your management of conditions such as arthritis, osteoporosis, motor neurone disease and acquired brain injury
- energy conservation
- memory issues in adults